

YOUR SENSE OF
TASTE CAN STRONGLY
INFLUENCE YOUR
FRAME OF MIND:
FINE
CAN ALREADY LIFT YOUR
SPIRITS WHILE YOU
ARE ENJOYING THEM.

Blue Spa

FOOD AND BEVERAGES

YOUR BLUE SPA INDEX

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ON AVERAGE, 60% OF THE HUMAN BODY
IS MADE UP OF WATER.
FEELINGS OF THIRST ARISE AS SOON AS
THE BODY LOSES HALF A PER CENT OF ITS
WEIGHT IN THE FORM OF FLUIDS.

M I N E R A L W A T E R

Plose Gourmet
South Tyrolean spring water
Sparkling or non sparkling

Plose Gourmet 0,25 l 4,50

Plose Gourmet 0,75 l 10,60

Evian 0,33 l 6,50

Evian 0,5 l PET 6,50

Evian 1,0 l 12,00

San Pellegrino 1,0 l 10,60

Fiji Water 1,0 l 17,00

S O F T D R I N K S 0 , 2 l

Coca Cola^{CF} 4,50

Coca Cola light^{CF} 4,50

Orangina – French orange lemonade 0,25 l 4,50

Schweppes Tonic Water² 4,50

Schweppes Bitter Lemon² 4,50

Schweppes Ginger Ale^F 4,50

Seven Up 4,50

Red Bull 0,25 l^{CTF} 6,20

Red Bull sugarfree 0,25 l^{CTF} 6,20

W E L L N E S S D R I N K S 0 , 3 3 l

Bionade – orange ginger 4,50

Bionade – lychee 4,50

Bionade – elder 4,50

Bionade – herbs 4,50

Kombucha Classic 0,25 l 5,30

Kombucha Cranberry 0,25 l 5,30

Kombucha Quince 0,25 l 5,30

BANANAS PROVIDE MORE ENERGY THAN ANY
OTHER TROPICAL FRUIT, EVEN AS A JUICE.
RICH IN GLUCOSE, THEY BOOST YOUR
PERFORMANCE AND ARE THEREFORE IDEAL
BEFORE SPORTING ACTIVITIES.

JUICES, NECTARS AND
SPRITZERS 0,2 l

Pineapple	4,50
Apple unfiltered	4,50
Strawberry	4,50
Cherry	4,50
Mango	4,50
Maracuja	4,50
Multivitamin	4,50
Orange	4,50
Peach	4,50
Cranberry	4,50
Tomato	4,50
Rhubarb-spritzer 0,4 l	5,50
All juices and nectars are also available as spritzer 0,4 l	5,50

FRESHLY SQUEEZED 0,2 l

Orange	5,60
Grapefruit	5,90
Carrot-orange	5,70
Apple-celery	5,70

ICE TEA 0,2 l

Lemon	4,70
Peach	4,70

MILK SHAKES 0,3 l

Strawberry shake Strawberry ice cream, milk	6,20
Banana shake Banana ice cream, milk	5,50
Coconut shake Coconut ice cream, milk	5,50

Chocolate shake Chocolate ice cream, milk	5,50
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SMOOTHIES 0,3 l

Beauty Queen Strawberry, banana, maracuja-, mango-, orange juice oat flakes	6,70
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Persica Peach, honey, buttermilk, orange juice	6,70
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Honey Bunny Cantaloupe melon, blackberries, honey, buttermilk	6,70
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Good Vibration Kiwi, banana, mango syrup ^F , whole milk, yoghurt	6,70
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ALOE VERA IS SAID TO HAVE BEEN USED
AS A MEDICINAL PLANT EVEN IN
CLEOPATRA'S DAYS.
ITS SOOTHING PROPERTIES ARE STILL
WELL KNOWN TODAY, AMONGST QUEENS
AND COMMONERS ALIKE.

NON - ALCOHOLIC COCKTAILS

Ipanema-Caipirinha Ginger Ale ^F , limes, brown sugar	8,60
Tropicana Pineapple-, mango-, maracuja-, lemon juice	8,60
Monkey Banana, passion fruit syrup ^F , orange juice, grenadine ^F	8,60
Coconut Kiss Coconut cream, pineapple-, orangejuice	8,60
Paradise Punch Almond syrup ^F , orange-, grapefruit-, cranberry juice	8,60
Guru's Delight Maracuja syrup ^F , coconut cream, lemon-maracuja juice	8,60
Papaya Fusion Fresh papaya, mango juice, sugar syrup	9,60

CARPE DIEM COCKTAILS

Berry's Minty Head Kombucha Cranberry, raspberrypulp vanilla syrup ^F , lemon juice, mint	7,20
Fairy Tale Kombucha Quince, passion fruit-sorbet, basil	7,20
Strawberry Smile Kombucha Classic, strawberry pulp, lemon juice	8,60

ALOE VITAL DRINKS

Nirvana Aloe vera gel, apple-, cranberry juice	9,30
Karma Booster Aloe vera gel, banana, orange juice	9,30
Prana Aloe vera gel, pineapple juice	9,30
Tropic Passion Aloe vera gel, peach-, mango juice	9,30

POWER DRINKS 0,5 L PET

Multipower ISO Drink Grapefruit + lime	9,50
Multipower L-Carnitine Drink Cranberry + Acai	9,50

F: with food colouring

D I F F E R E N T T Y P E S O F T E A C A N B E U S E D
T O I N V I G O R A T E O R R E L A X T H E B O D Y ,
D E P E N D I N G O N H O W T H E Y A R E P R E P A R E D .
W H A T E V E R Y O U N E E D , T A K I N G T H E T I M E
T O E N J O Y I T I S D E F I N I T E L Y W O R T H W H I L E .

C O F F E E

Cup of coffee	3,70
Small pot of coffee	5,70
Cup of decaffeinated coffee	3,70
Latte Macchiato	4,70
Espresso	3,70
Espresso Corretto Espresso with Grappa Prime Uve	7,00
Cappuccino	4,00
Iced coffee with vanilla ice cream and whipped cream	6,80

C H O C O L A T E

Mug of hot chocolate	4,60
Iced chocolate with vanilla ice cream and whipped cream	6,80

R O N N E F E L D T - T E A C L A S S I C S

Pot of ...

Earl Grey Darjeeling Delicately, flowery Darjeeling blended with the refreshing aroma of bergamot	5,70
Mokalbarie Assam - Golden Broken Orange Pekoe An extravagant broken tea with a superb lively aroma of malt and spices	5,70
Jungpana Darjeeling A top quality plant of flowery elegance and delicious aroma	5,70
Morgentau-Japan Senchan with blossoms Citrus and mango flavoured green tea	5,70

R O N N E F E L D T - T E A W E L L N E S S

Get the Power Red currants flavoured fruit infusion	5,90
Equilibrium Honey flavoured herbal infusion	5,90
Chill out with Herbs Oranges and cream flavoured herbal infusion	5,90
Herbs & Ginger-Ayurveda Tea Herbal infusion with ginger	5,90
Life & Beauty Mango and maracuja flavoured herbal infusion	5,90
Light & Fit Lemon flavoured herbal infusion with added vitamins	5,90
Rooibosh Vanilla Vanilla orange flavour, flavoured herbal infusion	5,90
Peppermint-, camomile-, fruit tea or herbal infusion	5,70

A L O E V E R A B L O S S O M T E A Blossoms, Cinnamon, Ginger	5,90
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All of our teas will be served with candy, fresh lemon juice and cream.

A PERSON'S SENSE OF TASTE IS BASED ON
APPROXIMATELY 4000 RECEPTORS.
INDULGING IN FINE FOODS CAN HELP
TO REFINE THESE RECEPTORS - QUITE A
PLEASANT WAY TO PRACTISE.

B R E A K F A S T

To start your day the enjoyable way:
daily from 8.00 am – 11.30 am

Light Fitness Breakfast	20,00	French Breakfast	15,00
Fresh fruit, yoghurt, wheat rolls, curd freshly squeezed orange juice and a choice of tea or coffee		Croissants, butter, honey, marmelade freshly squeezed orange juice and a choice of tea or coffee	
Wellness Breakfast	39,00	Blue Spa Breakfast	39,00
Fruit salad with mixed berries DayVita Müsli with dried apples cottage cheese with sprouts and fresh herbs tomatoes with baby mozzarella in olive oil turkey ham with pickled vegetables marinated salmon with mustard-dill sauce bread basket from our house bakery, multivitamin juice and a choice of tea or coffee		A wide range of cold cut and cheese specialties smoked salmon, marmelade, honey, bread basket freshly squeezed orange juice a glass of Champagne and a choice of tea or coffee	

TYPICALLY, COCKTAILS ARE DESCRIBED AS
MIXED DRINKS WITH A MINIMUM OF TWO
AND A MAXIMUM OF FIVE COMPONENTS.
WHY DON'T YOU TRY TO COUNT THEM
NEXT TIME?

CLASSIC COCKTAILS
& FANCY DRINKS

Americano Campari ^F , Vermouth rosso ^F , soda	9,20	Touchdown Vodka, Apricot Brandy ^F , lemon-, pineapple juice Grenadine ^F	9,40
Negroni Campari ^F , gin, Vermouth rosso ^F , soda	9,20	Swimming Pool Vodka, rum, Blue Curaçao ^F , coconut cream cream, pineapple juice	9,40
The Alps Gin, Licor 43 ^F , lemon-, pineapple juice orange marmelade, sage	9,20	Tequila Sunrise Tequila, orange-, lemon juice, Grenadine ^F	10,20
Caipírol Aperol ^F , Lime juice, limes, brown sugar	10,20	Lemon Grass Vodka, lime, brown sugar, Triple Sec, lemongrass lemongrass syrup ^F	9,60
Cucumber Martini Hendrick's Gin, Noilly Prat, cucumber, sugar	12,90	Pina Colada Rum, coconut cream, pineapple juice	10,20
Margarita / Frozen Margarita Tequila, Triple Sec, lemon juice	10,20	Caipirinha Cachaça, lime, brown sugar	10,20
Margarita / Frozen Margarita with fruit Choice of strawberry or peach	11,20	Caipirinha with fruit Choice of strawberry or peach	10,80
Daiquiri Rum, lemon juice, sugar syrup	10,20	Latin Lover Tequila, Cachaça, lime, lemon-, pineapple juice	11,20
Sex on the beach Vodka, peach liquor ^F , Amaretto, lemon-, pineapple-, cranberry juice	12,30	Planters Punch Rum, Grenadine ^F , pineapple-, orange juice	11,20

IT IS MOSTLY MEN WHO PICK UP
THEIR EARS AT THE SOUND OF THE
WORD 'BEER'.

BUT IT MIGHT BE OF INTEREST TO WOMEN
TOO, THAT THE VITAMIN B6 IN BEER
CARES FOR THE SKIN AND CONTRIBUTES
TO A GLOWING COMPLEXION.

P R E - D I N N E R - D R I N K S

San Bitter ^F - non-alcoholic -	4,60
Campari ^F Soda	9,40
Campari ^F Orange	11,60
Veneziano Aperol ^F , white wine, soda	10,80
Bellini Peach, Prosecco	9,20
Rossini Strawberry, Prosecco	10,20
Kir Royal Champagne, Crème de Cassis ^F	15,80

B E E R 0 , 3 3 l

Beck's Pilsener	4,60
Beck's Gold	4,60
Beck's non-alcoholic	4,50
Fürstenberg Pils	4,50
Franziskaner Bavarian wheat beer	4,50
Erdinger Bavarian wheat beer non-alcoholic	4,50

L O N G D R I N K S

Seabreeze Vodka, grapefruit-, cranberry juice	10,20
Screwdriver Vodka, orange juice	10,20
Cuba Libre White rum, lime, Coca Cola ^{CF}	11,00
Havana Coke Havana Club 7 years, Coca Cola ^{CF}	11,00
Gin Tonic Gin, Tonic Water ² ... optionally with Bombay Sapphire gin	11,00
Hendrick's Tonic Hendrick's gin, Tonic Water ²	13,00
Vodka Lemon Vodka, Bitter Lemon ²	11,00
Vodka Tonic Vodka, Tonic Water ²	11,00
Vodka Bull Vodka, Red Bull ^{CFT}	12,70

WHISK(E)Y IS TRADITIONALLY MADE
FROM CORN, BARLEY, RYE OR MALT.
WITH A LITTLE IMAGINATION, IT
COULD THEREFORE BE CLASSIFIED AS
A WHOLEGRAIN DRINK.

S P I R I T S 4 c l

Vodka Moskovskaya 8,80

Vodka Absolut 8,80

Gordon's Gin 9,00

Bombay Sapphire Gin 9,00

Myers's Rum 8,80

Havana Club 7 years Rum 9,80

G R A P P A 4 c l

Grappa Di Brunello, Altesino, Vintage 11,50

Grappa Tignanello 13,00

B I T T E R S 4 c l

Ramazzotti 7,90

Averna 7,90

C O G N A C 4 c l

Hennessy Fine de cognac 10,70

Rémy Martin V.S.O.P. 11,00

W H I S K (E) Y 4 c l

S C O T C H

Johnnie Walker Black Label 10,70

Chivas Regal 11,00

B O U R B O N

Jack Daniel's Single Barrel 12,50

M A L T

Talisker 10 years 14,00

THE AVERAGE BOTTLE OF CHAMPAGNE
CONTAINS SOME 49 MILLION FINE,
SPARKLING BUBBLES.
WHAT BETTER WAY TO TREAT YOURSELF
AT THE END OF A TIRING DAY?

W H I T E W I N E 0 , 2 l

2010 Welschriesling 11,20
 Styria Vintage wine dry
 Weingut Walter & Evelyn Skoff, Gamlitz

2010 Lugana Franco Visconti 11,20
 Lombardy Cantine Visconti

2010 Du Toitskloof Sauvignon Blanc 10,80
 South Du Toitskloof, Rawsonville
 Africa

R O S É W I N E 0 , 2 l

2010 Sancerre Rosé 14,20
 Loire „La Grange Dimière“
 Jean-Max Roger, Bué-en-Sancerre

2010 Domaine de Millet 8,50
 Gascony Vin de Pays des Côtes de Gascogne
 Domaine de Millet

R E D W I N E 0 , 2 l

2009 Spätburgunder 11,00
 Rheinhessen Vintage wine dry,
 Weingut Rudolf Geil

2010 Errazuriz Merlot 12,50
 Chile Curicó Valley, Errazuriz Estate

2005 Saxenburg Shiraz 16,20
 South “Private Collection”
 Africa Wine of Origin Stellenbosch
 Saxenburg-Estate, Adrian Bühner

C H A M P A G N E – P R O S E C C O

by the glass 0,1 l

Moët & Chandon Brut Impérial 14,50

Moët & Chandon Rosé 17,90

Prosecco Gancia 7,00

C H A M P A G N E – P R O S E C C O 0 , 7 5 l

Moët & Chandon Brut Impérial 107,00

Moët & Chandon Rosé 128,00

Prosecco Gancia 45,00

WINE HAS BEEN PLAYING A VITAL ROLE
IN OUR DAILY AND RELIGIOUS LIFE FOR
OVER 8000 YEARS.
UNIMAGINABLE, TO JUST ALLOCATE A
SUPPORTING ROLE TO IT.

Blue Spa

WINE LIST

WHITE WINE 0,75 l

2010 Lombardy	Lugana Franco Visconti Cantine Visconti	41,00
2010 Styria	Welschriesling Vintage wine dry Weingut Walter & Evelyn Skoff, Gamlitz	41,00
2010 South Africa	Du Toitskloof Sauvignon Blanc Du Toitskloof, Rawsonville	39,50
2010 Friuli	Pinot Grigio Mongris Collio Marco Felluga	49,50
2010 Moselle	Fritz Haag Riesling Vintage wine dry Weingut Fritz Haag	39,50
2010 Burgundy	Chablis „La Chanfleure“ Maison Louis Latour	52,00

ROSÉ WINE 0,75 l

2010 Loire	Sancerre Rosé „La Grange Dimière“ Jean-Max Roger, Bué-en-Sancerre	52,00
2010 Gascony	Domaine de Millet Vin de Pays des Côtes de Gascogne Domaine de Millet	30,00

RED WINE 0,75 l

2006 Piedmont	Barbera d'Asti Superiore „Camparò“ Cascina La Ghera, Moasca	41,00
2010 Chile	Errazuriz Merlot Curicó Valley, Errazuriz Estate	46,00
2009 Burgundy	Pinot Noir Maison Louis Latour	46,50
2008 Tuscany	Vino Nobile di Montepulciano Poliziano	59,50