

YOUR SENSE OF
TASTE CAN STRONGLY
INFLUENCE YOUR
FRAME OF MIND:
FINE FOODS AND BEVERAGES
CAN ALREADY LIFT YOUR
SPIRITS WHILE YOU
ARE ENJOYING THEM.

Blue Spa

YOUR BLUE SPA INDEX

Mineral Water, Soft Drinks Wellness Drinks Juices and Nectars Fruit Spritzers, Ice Tea	5-7
Milk Shakes, Smoothies Nonalcoholic Drinks Aloe Vital Drinks Powerdrinks	7-9
Coffee, Hot Chocolate, Tea	11
Breakfast Pool Snacks Spa Cuisine	13
Pre-Dinner Drinks Champagne, Prosecco Fancy Drinks	15
Long Drinks Beer, Wine Spirits, Cognac, Whisk(e)y	17-19

ON AVERAGE, 60% OF THE HUMAN BODY
IS MADE UP OF WATER.
FEELINGS OF THIRST ARISE AS SOON AS
THE BODY LOSES HALF A PER CENT OF ITS
WEIGHT IN THE FORM OF FLUIDS.

M I N E R A L W A T E R

San Pellegrino 0,25l	4,20	Schweppes Ginger Ale ^F	4,20
San Pellegrino 1,0l	10,50	Seven Up	4,20
Voss 0,375l	4,70	Staatlich Fachingen Orange Ginger 0,25l	4,50
Perrier 0,33 l	4,80	Staatlich Fachingen Strawberry Aloe Vera 0,25l	4,50
Staatlich Fachingen 0,25l	4,30	Red Bull 0,25l ^{CTF}	5,90
Evian 0,2l	4,20	Red Bull sugarfree 0,25l ^{CTF}	5,90
Evian 0,5l PET	6,00		
Evian 1,0l	12,00		
Fiji Water 1,0l	16,50		

W E L L N E S S D R I N K S 0 , 3 3 l

Bionade – orange ginger	4,20
Bionade – lychee	4,20
Bionade – elder berry	4,20
Bionade – herbs	4,20
Carpe Diem kombucha	5,00
Carpe Diem kefir	5,00
Carpe Diem ginkgo	5,00

S O F T D R I N K S 0 , 2 l

Coca Cola ^C	4,20
Coca Cola light ^C	4,20
Orangina – French orange lemonade 0,25l	4,20
Schweppes Tonic Water ²	4,20
Schweppes Bitter Lemon ²	4,20

BANANAS PROVIDE MORE ENERGY THAN ANY
OTHER TROPICAL FRUIT, EVEN AS A JUICE.
RICH IN GLUCOSE, THEY BOOST YOUR
PERFORMANCE AND ARE THEREFORE IDEAL
BEFORE SPORTING ACTIVITIES.

J U I C E S A N D N E C T A R S 0 , 2 l

Pineapple	4,20
Apple unfiltered	4,20
Banana	4,20
Strawberry	4,20
Cherry	4,20
Mango	4,20
Maracuja	4,20
Multivitamin	4,20
Orange	4,20
Peach	4,20
Cranberry	4,20
Tomato	4,60

All juices and nectars are also available as spritzer 0,4l 5,20

F R E S H L Y S Q U E E Z E D 0 , 2 l

Orange	5,30
Grapefruit	5,50
Carrot-orange	5,30
Apple-cellery	5,30

F: with food colouring

I C E T E A 0 , 2 l

Lemon	4,50
Peach	4,50

M I L K S H A K E S 0 , 3 l

Strawberry shake strawberry ice cream, milk	5,90
Banana shake banana ice cream, milk	5,20
Coconut shake coconut ice cream, milk	5,20
Chocolate shake chocolate ice cream, milk	5,20

S M O O T H I E S 0 , 3 l

Beauty Queen strawberry, banana, maracuja-,mango-, orange juice, oat flakes	6,30
Persica peach, honey, buttermilk, orange juice	6,30
Honey Bunny cantaloupe, blackberries, honey, buttermilk	6,30
Good Vibration kiwi, banana, mango syrup ^F , whole milk, yogurt	6,30

ALOE VERA IS SAID TO HAVE BEEN USED
AS A MEDICINAL PLANT EVEN IN
CLEOPATRA'S DAYS.
ITS SOOTHING PROPERTIES ARE STILL
WELL KNOWN TODAY, AMONGST QUEENS
AND COMMONERS ALIKE.

NONALCOHOLIC COCKTAILS

Ipanema-Caipirinha Ginger Ale ^F , limes, brown sugar	8,20
Tropicana Pineapple-, mango-, maracuja-, lemon juice	8,20
Monkey Banana, passion fruit ^F -, orange juice, grenadine ^F	8,20
Coconut Kiss Coconut cream, pineapple-, orange-, lemon juice	8,20
Paradise Punch Almond syrup, orange-, grapefruit-, cranberry juice	8,20
Guru's Delight Passion fruit syrup, coconut cream, lemon-, maracuja juice	8,20
Sparkling Herbs Bionade Kraeuter, columber, mint, orange-, cherry juice	8,20
Papaya Fusion Fresh papaya, mango juice, sugar	8,20

CARPE DIEM COCKTAILS

Happy Mind Ginkgo, apple-, cranberry juice	6,80
Body & Soul Kombucha, ginkgo, kefir	6,80
Strawberry Smile Kombucha, strawberry, lemon juice	8,20

F: with food colouring

ALOE VITAL DRINKS

Nirvana Aloe vera gel, apple-, cranberry juice	8,80
Karma Booster Aloe vera gel, banana, orange juice	8,80
Prana Aloe vera gel, pineapple juice	8,80
Tropic Passion Aloe vera gel, peach-, mango juice	8,80

POWER DRINKS 0,5 L PET

Cool + Fit lemon Water + vitamins + minerals	5,90
Cool + Form apple lemon Water + L-Carnitin ^F	5,90
Fit Active pineapple L-Carnitin ^F	5,90

D I F F E R E N T T Y P E S O F T E A C A N B E U S E D
T O I N V I G O R A T E O R R E L A X T H E B O D Y ,
D E P E N D I N G O N H O W T H E Y A R E P R E P A R E D .
W H A T E V E R Y O U N E E D , T A K I N G T H E T I M E
T O E N J O Y I T I S D E F I N I T E L Y W O R T H W H I L E .

C O F F E E

Cup of coffee	3,50
Small pot of coffee	5,30
Cup of decaf coffee	3,50
Latte Macchiato	4,30
Espresso	3,50
Espresso Corretto	6,80
Espresso with Grappa Prime Uve	
Cappuccino	3,80
Iced coffee with vanilla ice cream topped with whipped cream	6,20

C H O C O L A T E

Mug of Hot chocolate	4,20
Iced chocolate	6,20
with vanilla ice cream and whipped cream	

R O N N E F E L D T - T E A C L A S S I C S

Pot of...	
Earl Grey Darjeeling	5,30
Delicately flowery Darjeeling blended with the refreshing aroma of bergamot	
Mokalbarie Assam-Golden Broken Orange Pekoe	5,30
An extravagant broken tea with a superb lively aroma of malt and spices	
Jungpana Darjeeling	5,30
A top quality plant of flowery elegance and delicious aroma	
Morgentau-Japan Senchan with blossoms	5,30
Citrus and mango flavoured green tea	

R O N N E F E L D T - T E A W E L L N E S S

Get the Power	5,60
Red currants flavoured fruit infusion	
Equilibrium	5,60
Honey flavoured herbal infusion	
Chill out with Herbs	5,60
Oranges and cream flavoured herbal infusion	
Herbs & Ginger-Ayurveda Tea	5,60
Herbal infusion with ginger	
Life & Beauty	5,60
Mango and maracuja flavoured herbal infusion	
Light & Fit	5,60
Lemon flavoured herbal infusion with added vitamins	
Rooibosh Vanilla	5,60
Vanilla Orange flavour, flavoured herbal infusion	
Rosehips-, peppermint-, camomile-, fruit tea	5,30
or herbal infusion	

A L O E V E R A B L O S S O M T E A	5,60
Blossoms, Cinnamon, Ginger	

All of our teas will be served with candy, fresh lemon juice and cream

A PERSON'S SENSE OF TASTE IS BASED ON
APPROXIMATELY 4,000 RECEPTORS.
INDULGING IN FINE FOODS CAN HELP
TO REFINE THESE RECEPTORS - QUITE A
PLEASANT WAY TO PRACTISE.

B R E A K F A S T

French Breakfast 13,50

Croissants, butter, honey, marmelade, freshly squeezed orange juice and a choice of tea or coffee

Light Fitness Breakfast 18,00

Fresh fruits, yoghurt, wheat rolls, curd, freshly squeezed orange juice and a choice of tea or coffee

Blue Spa Breakfast 35,00

A wide range of cold cut and cheese specialities, smoked salmon, marmelade, honey, bread basket, freshly squeezed orange juice, a glass of Champagne and a choice of tea or coffee

Wellness Breakfast 35,00

Fruit Salad with mixed berries, DayVita Müsli with dried apples, cottage cheese with sprouts and fresh herbs, tomatoes with baby mozzarella in olive oil, turkey ham with pickled vegetables, marinated salmon with mustard-dill sauce, bread basket from our house bakery, multi vitamin juice and a choice of tea or coffee

B L U E S P A S A L A D

Watercress-oak leaf salad with tandoori pineapple bulgur and Feta cheese in lime oil-honey dressing 13,50

S T A R T E R S

Green papaya with arctic sea shrimps roasted peanuts and coriander 14,50

Goma Wakame and leaf salads with sesame-ginger dressing, pan fried softshell crab and black pepper dip 23,50

S A N D W I C H E S

Rosemary focaccia with Manchego smoked turkey breast and Chorizo small leaf salad and Bell pepper-dip 15,50

Wholewheat bread with Feta cheese and confited pineapple with Guacamole 11,50

S O U P S

Spicy mango soup with Indian spices and lemongrass prawn skewer 11,50

„Tom Yam Gai“ bouillon of spicy-sour chicken with chicken, lemongrass, Galangal chili and coriander 9,50

P A S T A

Truffled-Gnocchis with Foam of White Port and sautéed Petoncles 24,50

Udon Noodles with pak choy, radish Shiitake mushrooms, bean sprouts roasted sesame and oystersauce 18,50

B L U E S P A C U R R Y

Penang chicken curry with Thai-basil coconutmilk and Jasmine rice 19,00

F R O M T H E G R I L L

Steak of the US-Roastbeef with baked potato and herbal Creme-Fraîche 28,50

Fillet of veal with lime jus, sprout salad and Yuzu dressing 35,00

Fillet of Baramundi with saffron-clam tea and Shizocress 24,50

Tomato-Jewfish with ragout of lobster and leaf salad 27,50

All grill dishes are served with:

Three types of baguette with chives Creme Fraîche and mango chutney

D E S S E R T S

Ragout of citrus fruits with sour cream ice cream 12,50

Salad of rhubarb and strawberries with lycheesorbent and green tea ice cream 11,50

All prices in Euro and including V.A.T.

THE AVERAGE BOTTLE OF CHAMPAGNE
CONTAINS SOME 49 MILLION FINE,
SPARKLING BUBBLES.
WHAT BETTER WAY TO TREAT YOURSELF
AT THE END OF A TIRING DAY?

P R E - D I N N E R - D R I N K S

San Bitter ^F - nonalcoholic -	4,30
Campari Soda ^F	8,80
Campari Orange ^F	10,70
Veneziano Aperol ^F , white wine, soda	10,20
Bellini Peach, Prosecco	8,60
Rossini Strawberry, Prosecco	8,60
Asian Sparkling Rasperry, Kombucha, Prosecco	10,40
Kir Royal Crème de Cassis, Champagne	14,50

C H A M P A G N E - P R O S E C C O

by the glass 0,1l

Moët & Chandon Rosé	17,00
Moët & Chandon Brut	13,50
Prosecco Gancia	6,50

F A N C Y D R I N K S

Touchdown Vodka, apricot brandy ^F , lemon-, pineapple juice, grenadine ^F	8,80
Swimming Pool Vodka, rum, blue curaçao ^F , coconut cream, cream, pineapple juice	8,80
Tequila Sunrise Tequila, orange-, lemon juice, grenadine ^F	9,40
Lemon Grass Vodka, lime, brown sugar, triplesec, lemongras, lemongras monin sirup	9,20
Pina Colada Rum, coconut cream, pineapple juice	9,40
Caipirinha Cachaça, lime, brown sugar	9,40
Latin Lover Tequila, cachaça, lime, lemon-, pineapple juice	10,40
Planters Punch Rum, grenadine ^F , pineapple-, orange juice	10,40
Sex on the beach Vodka, peach liquor, amaretto, lemon-, pineapple-, cranberry juice	11,70

F: with food colouring

IT IS MOSTLY MEN WHO PICK UP
THEIR EARS AT THE SOUND OF THE
WORD 'BEER'.

BUT IT MIGHT BE OF INTEREST TO WOMEN
TOO, THAT THE VITAMIN B6 IN BEER
CARES FOR THE SKIN AND CONTRIBUTES
TO A GLOWING COMPLEXION.

L O N G D R I N K S

Seabreeze	9,40
Vodka, grapefruit-, cranberry juice	
Screwdriver	9,40
Vodka, orange juice	
Cuba Libre	10,40
Light Bacardi rum, lime, Coca Cola ^C	
Havana Coke	10,50
Havana Club 7 years, Coca Cola ^C	
Gin Tonic	10,40
Gordon´s Gin, Tonic Water ²	
Bombay Tonic	10,40
Bombay Sapphire Gin, Tonic Water ²	
Vodka Lemon	10,40
Vodka Moskovskaya, Bitter Lemon ²	
Vodka Tonic	10,40
Vodka Moskovskaya, Tonic Water ²	
Vodka Bull	12,20
Vodka Moskovskaya, Red Bull ^{TCF}	
B E E R 0 , 3 3 l	
Beck´s Pilsener	4,20
Beck´s Gold	4,20
Beck´s nonalcoholic	4,20
Fürstenberg Pils	4,20
Franziskaner Bavarian wheat beer	4,20
Erdinger Bavarian wheat beer nonalcoholic	4,20

W H I T E W I N E 0 , 2 l

2007 Styria	Welschriesling Vintage wine dry Weingut Walter & Evelyn Skoff, Gamlitz	9,40
2007 Lombardy	Lugana S.Onorata Visconti	9,60
2007 South Africa	Laibach Sauvignon Blanc Wine of Origin Stellenbosch Laibach Vineyards, Stellenbosch	10,80

R O S É W I N E 0 , 2 l

2007er Loire	Sancerre Rosé Cuvée „La Grange Dimière“ Jean-Max Roger, Bué-en-Sancerr	11,70
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R E D W I N E 0 , 2 l

2005 Piemont	Barbera d'Àsti Superiore Camparó Cascina La Ghera, Moasca	10,40
2007 Chile	Errazuriz Merlot Curicó Valley, Errazuriz Estate	10,80
2003 South Africa	Saxenburg Shiraz "Private Collection" Wine of Origin Stellenbosch Saxenburg-Estate, Adrian Bühner	14,00

WHISK(E)Y IS TRADITIONALLY MADE
FROM CORN, BARLEY, RYE OR MALT.
WITH A LITTLE IMAGINATION, IT
COULD THEREFORE BE CLASSIFIED AS
A WHOLEGRAIN DRINK.

S P I R I T S 4 c l

Vodka Moskovskaya	8,20
Vodka Absolut	8,20
Gordon's Gin	8,70
Bombay Sapphire	8,70
Bacardi White	8,20
Myers's Rum	8,20
Havana Club 7 years	9,20

G R A P P A 4 C L

Grappa Di Brunello, Altestino, Jahrgang	10,50
Grappa Sassicaia	14,50

B I T T E R S 4 C L

Ramazotti	7,50
Averna	7,50

C O G N A C 4 c l

Hennessy V.S.O.P.	10,00
Remy Martin V.S.O.P.	11,50

W H I S K (E) Y 4 c l

S C O T C H

J.W. Black Label	10,20
Chivas Regal	10,40

B O U R B O N

Maker's Mark	11,30
Jack Daniel's Single Barrel	12,00

M A L T

Talisker 10 years	13,50
Macallan 12 years	14,00
Lagavulin 16 years	17,00

Blue Spa

WINE LIST

WHITE WINE 0,75l

2007er Lombardei	Lugana S. Onorata Visconti	39,00
2007er Styria	Welschriesling Vintage wine dry Weingut Walter & Evelyn Skoff, Gamlitz	39,50
2007er South Africa	Laibach Sauvignon Blanc Wine of Origin Stellenbosch Laibach Vineyards, Stellenbosch	42,00
2006er Friaul	Pinot Grigio Mongris Collio Marco Felluga	46,00
2007er Loire	Coteaux du Giennois Les Tuileries Aux Caves de Pouilly sur Loire	34,00
2007er Rheingau	Hochheimer Riesling Qualitätswein trocken Domdechant Wernersches Weingut	34,50
2007er Burgund	Chablis „La Chanfleure“ Maison Louis Latour	49,50

ROSÉ WINE 0,75l

2007er Loire	Sancerre Rosé Cuvée „La Grange Dimière“ Jean-Max Roger, Bué-en-Sancerre	49,50
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RED WINE 0,75l

2005er Piemont	Barbera d'Àsti Superiore Camparó Cascina La Ghersa, Moasca	39,50
2007er Chile	Errazuriz Merlot Curicó Valley, Errazuriz Estate	43,00
2006er Burgund	Pinot Noir Maison Louis Latour	44,00
2005er Toskana	Vino Nobile di Montepulciano Avignonesi	59,50

PROSECCO – CHAMPAGNE 0,75l

Prosecco Gancia	42,00
Moët & Chandon Brut Impérial	99,50
Moët & Chandon Rosé	119,50